

Secrets of Inner Bliss

On this one-day course you will have access to teachings which will allow you to uncover answers to the questions:

Who am I? What do I want? Why am I here?

On the course, you will:

- Understand who you really are and learn how to gently let go of the emotions that block you from expressing your perfect self.

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Learn how we participate in creating our reality and techniques that allow us to create the reality we desire.

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Discover the key to lasting happiness

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Find out your true purpose in life

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Learn simple and effective meditation techniques.

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Due to our busy schedule, we have no course dates available for this course at the moment.

Secrets of Inner Bliss course fee: €135

