

## Dates and Registration

### Next Course Dates

12 & 13 June 2010

26 & 27 June 2010

24 & 25 July 2010

(NB: Book early as places are limited to 5)

### Course Bookings:

To enquire about availability and for course bookings email [mary@innerbliss.ie](mailto:mary@innerbliss.ie) This email address is being protected from spam bots, you need Javascript enabled to view it

or call Mary on 087 202 1727

To reserve a place on a Primordial Sound Meditation course:

Please download and send a completed printed application form with €100 deposit or full amount to:

Inner Bliss, 24 Kelston Drive, Foxrock, Dublin 18 (Please make cheques payable to Inner Bliss)

### Credit Card Payments:

If you would like to pay by credit card using PayPal contact us.

### Other dates and locations:

Courses are also run in various towns and cities across Ireland when there are enough requests. If you would be interested in attending a course in your area please email [mary@innerbliss.ie](mailto:mary@innerbliss.ie) This email address is being protected from spam bots, you need Javascript enabled to view it

or call Mary on 087 202 1727

#### Private Group Tuition:

If you and some friends are interested in learning Primordial Sound Meditation privately, email [mary@innerbliss.ie](mailto:mary@innerbliss.ie) This email address is being protected from spam bots, you need Javascript enabled to view it

or call Mary on 087 202 1727 and we will arrange a special course for you.

#### Primordial Sound Meditation Course Fees:

- Adults €375
- Unwaged and Students €250 ( Please let us know before the course)
- Children under 16 €125.
- Prisoners Free

#### Private Tuition Fees:

Primordial Sound Meditation can be learned privately at a time and place most suitable to you. The cost for private tuition is €750 (for one or two people). Note: If you cannot attend a course and need private tuition for medical reasons, the fee is €375 (or €250 for unwaged).

#### Important:

During the course, you will be given a mantra or sound to use silently as you meditate. In order to find the most appropriate sound, The Chopra Centre will require your time of birth. Please provide this information on the application form. If you were born in a hospital, given some notice, they will be happy to give you the information. If you can't get the exact information, just let us know your best estimate.