

Links we like

Below are some links we like!

Positive Life Magazine

www.positivelife.ie

Buddha Bag Meetings

www.buddhabag.org

Deepak's website.

www.chopra.com

Deepak's Blog.

www.deepakchopra.com

The Alliance for a New Humanity global site.

www.anhglobal.org

Discover Ayurveda with Chopra Certified Instructor, Siobhan McKenna

www.perfecthealth.ie

For Ayurvedic medical consultations, Dr Donn Brennan is a brilliant Ayurvedic Doctor.

www.ayurveda.ie

Murt Rice is a fabulous energy worker, particularly with earth and environmental energy.

www.thrubliss.com

Oscailt Complementary Health Centre in Pembroke Road provide services that help their clients to maintain and restore health and well-being.

www.oscailt.com

Eric Dowsett is a wonderful healer and teacher. He runs workshops regularly in Ireland.

www.ericdowsett.com

Ronan Rooney is an inspiring teacher and visionary.

www.ronanrooney.com

Check out some great seminars in Ireland at Jane Stephen's site.

www.seminars.ie

Downey Youell Associates specialise in relationships and communication within organisations.

www.dya.ie

Listen to renowned clinical psychologist, Dr Tony Humphreys in his latest radio series

www.rte.ie/radio1/relationship/

Visit Amma when she comes to Ireland in November

www.ammaireland.org

For authentic and excellent ayurvedic massage, contact Hazel at The Samadhi Centre

www.thesamaghicentre.com

Darren Kuzma is a brilliant chiropractor who has helped me a great deal over the years.

www.natbalchiro.com

The Irish Lifecoach Institute is a great company if you are considering becoming a lifecoach.

www.ili.ie

Cultivate is a sustainable living and learning centre dedicated to inspiring healthy, balanced and creative cultural change.

www.sustainable.ie

Xenergie is a coaching and personal development company based in the West of Ireland, specialising in both personal and corporate training.

www.xenergie.com

A variety of timers and clocks that chime to the sound of the gong to accompany

your practice of - meditation - yoga - reiki - therapy

www.meditationtimer.com

Rita Sharkey is a gentle and effective therapist who uses Kinesiology, Cranio-Sacral Therapy and Voicework..

www.ritasharkey.com

Meditation Courses and B & B for people seeking quiet time Residential and Non-Residential in West Cork

www.bigmoon-cottage.com

If you would like coaching on how to more consciously create your reality, I highly recommend Jacqui at

www.consciouscreation.ie

Enjoy an eco-holiday in Glastonbury, stay for B&B, de-stress with supportive therapies or participate in a course.

www.healing-waters.co.uk

Train as a professional Life and Business Coach and discover an empowering journey of personal development with Maura Dolan.

www.leci.ie